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January 18,
2026

HER STORY

Issue #1

Her Story Podcast

In a media landscape crowded with surface-level conversations, *Her Story Podcast* distinguishes itself as a powerful and necessary platform for truth, healing, and resilience. Created to amplify the voices of women and men who have endured abuse, trauma, and life-altering challenges, the podcast offers more than storytelling; it offers solidarity.

Each episode invites listeners into deeply personal narratives that are shared with honesty, dignity, and purpose. Rather than sensationalizing pain, *Her Story Podcast* centers on growth, recovery, and the strength required to move forward. Guests speak candidly about their experiences while highlighting the lessons learned and the hope that emerges on the other side of adversity.

Her Story Podcast is not just something to listen to, it is something to feel, reflect on, and carry forward.



Her Story, The Gathering Inc.

Katrina Staggers Harvin

Author & Visionary Leader
Her Story, The Gathering Inc.
Kernersville, NC



[Twitter](#) [YouTube](#) [Facebook](#) [LinkedIn](#)

Founder Her Story, The Gathering Inc.

Introducing Katrina Staggers Harvin

In a world where many women carry stories of resilience quietly, Katrina Staggers Harvin is creating space for those stories to be heard, honored, and transformed. As the Founder and Visionary behind Her Story, The Gathering Inc., Katrina is leading a faith-centered movement dedicated to healing, empowerment, and community for women from all walks of life.

At its core, *Her Story* is more than an organization, it is a gathering place. The nonprofit provides platforms through storytelling, community conversations, events, and digital media that uplift women who have endured trauma, loss, abuse, and life-altering challenges. Each initiative is designed to remind women that their experiences do not define their limitations, but rather their strength.

Katrina's leadership blends compassion with purpose. She believes that healing begins when stories are spoken and supported within community. Through *Her Story, The Gathering Inc.*, women are encouraged not only to share where they have been, but to rediscover who they are becoming. Faith is central to the mission, anchoring each program in hope, restoration, and forward movement.

Continued...



Picture Capriion: Her Story Podcast – where real voices share real journeys of healing, resilience, and hope.

[Be a guest on
the Podcast](#)

[\(Click Here\)](#)

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NC House District 60

Vote Dr. Angie Williams-McMichael

In a recent Podcast interview with host Katrina Harvin, Dr. Angie McMichael, a candidate for North Carolina House District 60, shared her journey into politics, emphasizing her background as an educator and community advocate for over 20 years. She highlighted her commitment to serving others, rooted in her faith and family values, and expressed her readiness to represent District 60 by listening to and uplifting the community. Katrina honored Dr. McMichael's leadership qualities and her ability to connect with people, which she believes will be crucial for understanding and addressing community needs. The conversation explored Dr. McMichael's motivations for running, her approach to leadership, and the role of faith in guiding her political aspirations.

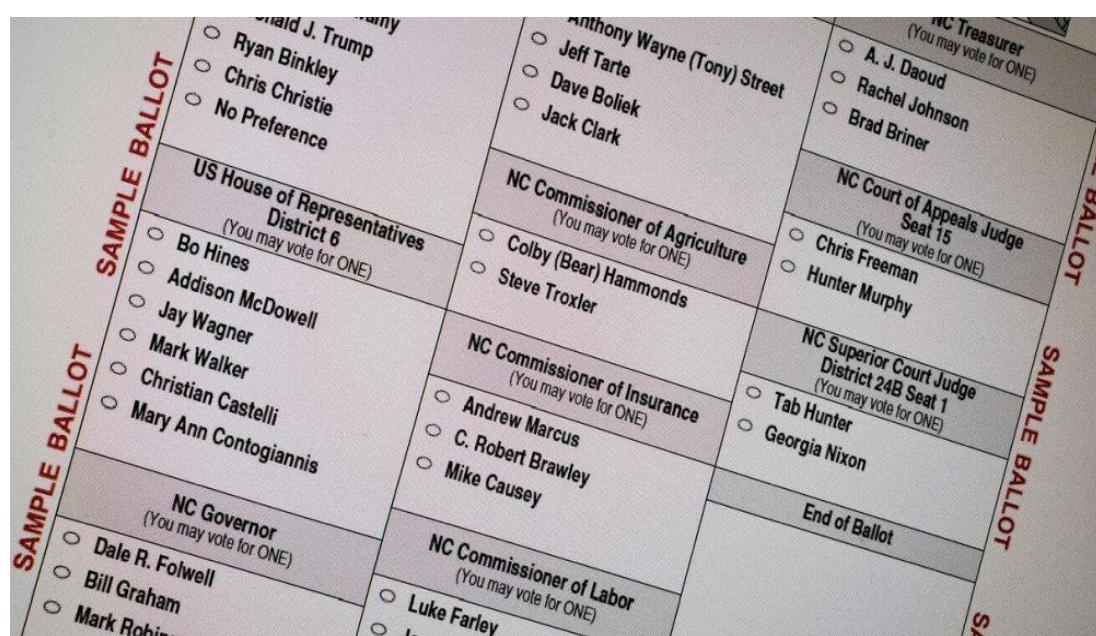
Dr. A discussed her personal faith and meditation practices, emphasizing how her spiritual grounding prepares her for community service and leadership roles. She expressed that her faith-based approach helps her face uncertainty and encounter challenges with courage, drawing strength from her childhood upbringing. Katrina acknowledged the power of faith in guiding actions and supporting others, particularly in building trust among those who have been let down by unfulfilled promises.

Dr. A emphasized the importance of building community connections and trust through her campaign, highlighting her experience as an educator and community leader. She expressed a commitment to listening to and empowering people, acknowledging their voices and concerns.

Dr. A stressed the significance of addressing fear and distrust, while working towards solutions that improve the community and strengthen democracy. Her vision for District 60, emphasizing the importance of acknowledging current challenges while focusing on building bridges and collaboration to create positive change.



Dr. Angie McMichael, a candidate for North Carolina House District 60, shared her background as an educator and community advocate while discussing her motivations for running and commitment to serving others through faith and family values.



This photo is from an article by By:Lynn Bonner-February 9, 2024 6:00 and can be found at [The race to get to 30% in crowded North Carolina primaries • NC Newsline](#)

Voting in NC

The 2026 legislative elections in North Carolina include the race for House District 60

North Carolina House District 60 — Voter Information and Election Overview

North Carolina's House District 60 is one of 120 state legislative seats in the North Carolina House of Representatives. The district is located in Guilford County, encompassing most of High Point and portions of Jamestown and southwestern Greensboro. This area includes a diverse constituency across urban and suburban communities.

Key Dates for Voters (Statewide):

Primary Election: March 3, 2026

Voter Registration Deadline: February 6, 2026 (5 p.m.)

Absentee Ballot Request Deadline: February 17, 2026 (5 p.m.)

Early In-Person Voting: Begins February 12, 2026 and ends February 28, 2026 (3 p.m.)

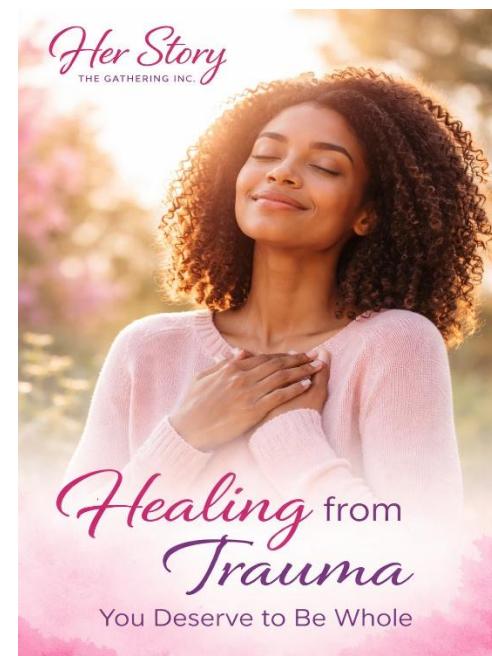
General Election: November 3, 2026
These dates apply across North Carolina and are important for anyone participating in the District 60 election.

Founder of Her Story

Continued...

As Founder, Katrina oversees the vision, strategy, and outreach of the organization, ensuring that every initiative aligns with its guiding principle: every story matters, and every woman deserves a place to heal and grow. Her work continues to open doors for honest dialogue, spiritual encouragement, and collective empowerment, locally and beyond.

This inaugural introduction marks the beginning of a broader conversation—one that invites women to step into their truth, gather in strength, and move boldly into purpose. Through *Her Story, The Gathering Inc.*, Katrina Staggers Harvin is not only telling stories, she is building a legacy of healing, faith, and transformation.



Healing from past trauma is possible.

Anchor of Hope

Faith International Fellowship
Ministries of High Point NC



Pastor Marvin Hester and Overseer Jeannette Hester will celebrate 22 years of dedicated leadership at Faith International Fellowship Ministries, alongside the faithful servants who have committed their time, service, and hearts to ministering and reaching people within the community.

Faith International Fellowship Ministries stands as a reminder that God often brings His greatest works from places others may question or underestimate. *“Come and see.”* — John 1:46

Faith International Fellowship Ministries is a ministry that has often been overlooked, taken for granted, and even cast aside by those who failed to recognize the depth of what God is doing within its walls.

Yet Scripture reminds us that God does not choose as people choose. He often works through what is dismissed, underestimated, or deemed insignificant to reveal His glory.

Though not always visible in the spotlight, Faith International Fellowship Ministries stands as a quiet but powerful beacon of love, light, and hope. It is a place where compassion is lived out, faith is nurtured, and lives are touched in ways that may never make headlines but leave lasting impact. The ministry's strength lies not in recognition, but in obedience, perseverance, and unwavering trust in God's purpose.

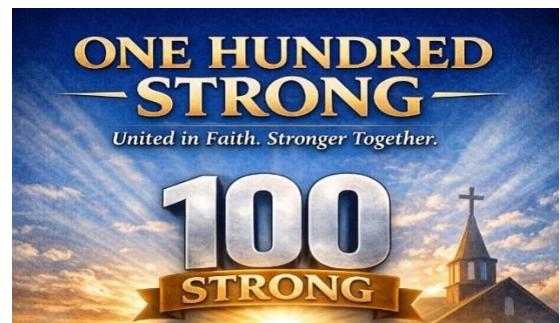
Looking ahead, FIFM is positioned for growth—not by human validation, but by divine direction. God's hand continues to shape its future, opening doors for forward movement, deeper community outreach, and greater influence. What some have cast aside, God is preparing to use mightily. The future of Faith International Fellowship Ministries is forward-moving, purpose-driven, and firmly rooted in the promise that God finishes what He starts.

100 Strong

A FIFM Campaign for Growth

Under the spiritual leadership of Sarah Middleton, Senior Pastor of Faith International Fellowship Ministries, the *One Hundred Strong* movement reflects a vision rooted in faith, growth, and purposeful community. Pastor Middleton serves with compassion, clarity, and an unwavering commitment to building a strong, unified body of believers.

One Hundred Strong is more than a membership initiative, it is a call to belong, to serve, and to stand together in faith. Under Pastor Sarah Middleton's leadership, Faith International Fellowship Ministries continues to move forward with strength, vision, and expectation for what God will do through a committed and connected church family.



Contact: 203-906-5304

Email: Shayallen@shayallenenterprises.com

Website: www.Iamshayallen.Com/its-a-vybe-events

Social Media: [Instagram](#)

It's a Vybe Events mission is to design intentional, well-executed events that allow clients to celebrate, connect, and experience their moments with confidence and ease.

Behind the Vybe: Shay Allen

It's A Vybe Events is a full-service event planning...

...and coordination company specializing in weddings, private celebrations, corporate functions, and community gatherings. Known for delivering seamless, thoughtfully designed experiences, the brand combines intention, creativity, and precision to bring each client's vision to life.

Founded in 2024, It's A Vybe Events focuses on personalized planning, strong vendor relationships, and hands-on execution from start to finish. Whether coordinating an intimate celebration or a large-scale event, the company is committed to ensuring clients can fully enjoy their moments—stress-free and confident in every detail.

What sets It's A Vybe Events apart is its relationship-centered approach. The company collaborates closely with local venues, vendors, and creatives across North Carolina, fostering connection while delivering polished, meaningful events. This commitment to excellence has led to successful weddings, private celebrations, and community events, along with recognition for detail-driven planning and seamless execution, including a feature in *Queen's Court | I Am She Magazine*.

“Every event tells a story. My role is to make sure it's executed beautifully, intentionally, and without stress for the people it's meant to celebrate.”

— Shay Allen



Professional & Leadership-Focused

Building Brands with Purpose



Hunni Rae

Hunni Rae is a multi-brand entrepreneur, creative strategist, and emerging public speaker based in Charlotte, North Carolina, whose work sits at the intersection of entrepreneurship, personal development, and purpose-driven living.

Through her brands and strategic initiatives, she helps individuals and organizations move beyond survival and into alignment—personally, creatively, and professionally.

Known for developing purpose-driven brands that blend creativity, wellness, and intentional growth, Hunni's journey reflects resilience, reinvention, and disciplined execution. After navigating seasons of loss, transition, and rebuilding, she transformed her experiences into a framework for growth that now fuels her work as a strategist, storyteller, and mentor. Her approach emphasizes clarity, authenticity, and ownership—encouraging others to trust their evolution while building with confidence and intention.

In addition to her entrepreneurial pursuits, Hunni currently serves as an advisor to the Charlotte Mecklenburg Black Chamber of Commerce, where she contributes strategic insight and supports the development of emerging businesses and leaders. Her work and impact have been featured in national stories and publications highlighting innovation, leadership, and community influence.

As she steps more intentionally into public speaking and media, Hunni Rae is expanding her reach through storytelling, workshops, and curated conversations that challenge individuals to reclaim their narrative, align

with their purpose, and execute their vision boldly. Her message resonates with audiences seeking growth that is both practical and transformative.

Hunni's story and mission align seamlessly with the heart of *Her Story*—creating space for authenticity, leadership, and meaningful progress within our communities.

“Above Chosen is your partner in launching, growing, and leveling up your business.”

- HunniRae.co

Built for entrepreneurs who are ready to move with clarity and confidence, Above Chosen provides strategic guidance, practical tools, and purpose-driven support at every stage of the business journey. Whether you are starting from the ground up, refining your brand, or preparing for your next level of growth, Above Chosen meets you where you are and helps you move forward with intention.

With a focus on alignment, excellence, and sustainable success, Above Chosen empowers business owners to rise above limitations, make informed decisions, and build ventures that reflect both vision and value.

For more information visit the website: HunniRae.Co

Guiding Clients Home

Dee Blount - Realtor



Dee Blount is a licensed REALTOR® serving the Raleigh–Durham area, bringing a client-focused approach to real estate rooted in trust, education, and local knowledge. As a North Carolina native and graduate of North Carolina Century University, Dee is committed to helping individuals and families navigate the homebuying and selling process with confidence and clarity.

Currently working as a realtor in the Triangle region, Dee understands that real estate is more than transactions—it is about people, purpose, and positioning

clients for long-term success. Whether assisting first-time homebuyers, growing families, or those looking to invest or relocate, Dee prioritizes clear communication, informed decision-making, and personalized service.

What sets Dee apart is her dedication to transparency and professionalism. She takes time to educate clients on each step of the process, ensuring they understand their rights, responsibilities, and options as buyers or sellers. Her approach fosters trust and empowers clients to make decisions that align with their goals and lifestyle.

“Because every home should be iconic.”

Dee Blount's mission is to help individuals and families build generational wealth through homeownership by delivering honest guidance, informed education, and exceptional service. She is committed to serving her community with integrity, strong advocacy, and a client-first approach in every real estate transaction.

Contact Information:

📍 Raleigh–Durham Area
📞 919-224-0111

FIFM Power Kids Drop-in Child Care

801 W English Road
High Point, NC 27262

Open Mon - Fri 7 AM – 6 PM

Director Sarah L. Middleton
(336) 875-4068

Power Kids Drop-In Child Care, is a PPAC – Power Performing Arts Center, that provides a safe, nurturing environment for children during scheduled services and events. Children are supported through supervised care, creative expression, and age-appropriate learning activities that encourage growth, confidence, and positive engagement while families participate with peace of mind.



Drop-In Child Care



Yvonda Sheree Seda

Business Spotlight: Perfected Beauty

At the heart of Perfected Beauty is a clear mission: to provide personalized, results-focused beauty and wellness services that support long-term skin health—not trends or rushed experiences. Each service is approached holistically, taking into account comfort, lifestyle, and individual needs. Clients are not only treated, but educated, ensuring they leave informed and empowered about their skin and self-care journey.

What truly sets Perfected Beauty apart is its commitment to integrity and community impact. Beyond the treatment room, the business actively uplifts the beauty industry by mentoring professionals, speaking with beauty students at local community colleges, and fostering a culture of collaboration and sustainable growth.

Founded in 2016, Perfected Beauty is a results-driven day spa rooted in intentional care, education, and community connection. Located in Raleigh, North Carolina, Perfected Beauty offers expert waxing, sugaring, massage, and skincare services within a calm, judgment-free environment designed to help every client feel comfortable, cared for, and confident in their skin.

Contact Perfected Beauty

Website: perfectednc.com
Instagram: [@perfectednc](https://www.instagram.com/@perfectednc)
Facebook: Perfected Beauty LLC
Phone: 919-864-2152
Email: info@perfectednc.com



This dedication to education and inclusivity has helped Perfected Beauty build a loyal clientele and a respected reputation within the beauty and wellness space.

Perfected Beauty's excellence has been widely recognized. The spa is a multiple-time WRAL Voter's Choice Awards winner (2022 and 2024) in the Day Spa and Skincare categories, a Garner Chamber of Commerce Summit Awards recipient in 2024 and 2025, and an International Skin Games competitor with multiple podium placements—including first place in Leg Sugaring in 2025. In addition, Perfected Beauty is the 2026 Global Integral Beauty Award winner, to be presented later this year. March 2026 also marks a major milestone: the business's 10-year anniversary.

Elegant & Lifestyle-Focused

The Scented Bar

Liz Sanders Owner of The Scented Bar

Liz Sanders is the owner and creative force behind The Scented Bar, a thoughtfully curated brand dedicated to self-care, wellness, and everyday indulgence through handcrafted bath and body products. Rooted in intention and creativity, The Scented Bar offers an experience that goes beyond fragrance—inviting customers to slow down, restore, and reconnect.

Founded with a passion for quality and care, The Scented Bar specializes in artisan soaps, body products, and home fragrances designed to elevate daily routines. Each product is carefully crafted using high-quality ingredients and distinctive scent blends, reflecting Liz's commitment to both craftsmanship and customer experience. The result is a

brand that feels personal, comforting, and intentionally made.

What sets The Scented Bar apart is its focus on creating moments of calm and joy through scent. Liz understands that self-care is not a luxury, but a necessity—and her brand is built around helping people create small, meaningful rituals that support balance and well-being. From gifting to personal use, The Scented Bar's offerings are designed to feel both special and accessible.

As a woman-owned business, The Scented Bar also reflects Liz's entrepreneurial journey—one rooted in creativity, perseverance, and purpose. Through her work, she continues to grow a brand that resonates with customers who value authenticity, wellness, and beautifully made products.

All products are handcrafted in small batches in Fayetteville, North Carolina, using eco-friendly, clean ingredients. The Scented Bar is committed to conscious creation—free from harmful chemicals and always cruelty-free—reflecting Liz's dedication to both quality and responsibility.

To explore the full collection and learn more, contact us.

The-Scented-Bar.com

info@the-scented-bar.com

Phone: (910)-302-5067

Mobile: (910) 644-7362

Location: 6380 Cliffdale Rd #25644

Fayetteville, NC 28314

Liz Sanders is redefining self-care through The Scented Bar's handcrafted bath and body products.

Cater2You Catering LLC

John & Katherine Mitchell

(336) 762-9945

cater2youcatering@outlook.com

Cater2You Catering delivers flavorful, soul-satisfying cuisine designed to elevate every event and leave a lasting impression. Known for its commitment to quality and bold taste, Cater2You offers fully customizable catering options tailored to your vision, preferences, and budget. From intimate gatherings and corporate functions to weddings and large celebrations, each menu is thoughtfully curated and expertly prepared.

With attention to detail and a passion for service, Cater2You ensures every dish reflects care, consistency, and unforgettable flavor—because every bite should be soul satisfying and every experience memorable.



Cater2You Catering

EVERY BITE SOUL SATISFYING

Cater2You Catering: Every bite soul satisfying

Our Mission



Provide high-quality bookkeeping and tax preparation services virtually tailored for individuals and businesses, prioritizing integrity, accuracy, and unwavering reliability.



With more than a decade of experience in accounting and taxation, Gayle earned her Master's in Public Accounting from Strayer University. Holding credentials as a Notary Public and a certified QuickBooks Pro Advisor, Gayle's passion for numbers is evident. She takes immense pride in her work and continually explores strategies to empower her clients in enhancing their business performance.

Gayle Jackson, MSA

Your business's value matters to us. Let us handle your financial requirements.

Gayle Jackson is the founder and owner of 1st Endurance Bookkeeping & Tax Services, a trusted resource for individuals, families, and small business owners seeking dependable financial and tax support. With a strong commitment to accuracy, integrity, and client education, Gayle has built her business on the principle that financial clarity creates opportunity and long-term stability.

1st Endurance Bookkeeping & Tax Services specializes in tax preparation, business support services,

complex financial responsibilities with confidence. Whether working with entrepreneurs launching a new venture or established businesses looking to stay compliant and organized, Gayle provides personalized service tailored to each client's unique situation.

Beyond numbers and forms, Gayle is passionate about supporting the success of her community.

[1st Endurance Bookkeeping & Tax Service](#)
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